



Seventh-day  
Adventist Church  
Newlife  
5<sup>th</sup> Ngong' Avenue, Nairobi

## Sabbath Bulletin

Theme: "Cravings of the Soul"

Key Text: Ephesians 2:10



14<sup>th</sup> June 2025

### VISITORS' CORNER

We are glad you joined us today. God bless you for taking time to come worship with us. We would be happy for you to make this your place of worship. If you have any questions, do not hesitate to ask our welcome team on +254 706 222 326. Check our website, church noticeboard and various social media platforms for updates. Welcome and God bless you.

### OUR MISSION

The Mission of the Seventh-day Adventist Church is to make disciples of Jesus Christ who live as His loving witnesses and proclaim to all people the everlasting gospel of the Three Angels' Messages in preparation for His soon return (Matt 28:18-20, Acts 1:8, Rev 14:6-12).



### TITHE AND OFFERINGS

"But this I say: He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver. And God is able to make all grace abound toward you, that you, always having all sufficiency in all *things*, may have an abundance for every good work."

2<sup>nd</sup> Corinthians 9:6-8 – NKJV

To return tithe and give offerings, kindly use:

M-PESA Paybill No. 861200

A/C number: "*Tithe*", "*Offerings*", "*LCB*"

OR

Standard Chartered Bank, Kenyatta Ave.

A/C number: 0102022990600

### PRAYER REQUESTS

+254 750 932 026

+254 793 049 375



Seventh-day  
Adventist Church  
NEWLIFE

P.O. Box 40829-00100,  
5<sup>th</sup> Ngong Avenue, Nairobi, Kenya

### Phone:

+254 795 638 070

### Email Address:

[info@newlifedananairobi.org](mailto:info@newlifedananairobi.org)

### Website:

[www.newlifedananairobi.org](http://www.newlifedananairobi.org)

### Social Media

YouTube: [@NewlifeSDChurchNairobi](#)

Facebook: [newlifedananairobi.org](#)

X (Twitter): [NewlifechurchKE](#)

Instagram: [newlifedachurchnairobi](#)

[WhatsApp Channel Link](#)

### Leaders

#### Senior Pastor:

Gerald Mochoge, +254 712 527 310

#### Associate Pastors:

Elvis Onyango, +254 731 391 000

Polycarp Nyangau, +254 720 574 250

#### Head Elder:

Omondi Oyoo, +254 722 522 359

#### Church Clerk:

Isaac Nyangolo, +254 729 651 504

#### Head Deacon:

Luke Osiemo, +254 721 994 565

#### Head Deaconess:

Judith Kirui, +254 722 308 323

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## Happy Sabbath! Shabbat Shalom!

A warm welcome to the Adventist Women's Ministries Emphasis Day (WMED). We are blessed to have you worship with us. Our speaker is Sis. Millicent Onyonyi. She has been ministering every evening from Sunday, 8<sup>th</sup> June 2025.

We welcome her again to bless us with a message titled: **"Cravings of the Soul"**. The message is inspired by **Ephesians 2:10**. We kindly ask you to lift in prayer Sis. Millicent Onyonyi and all who are ministering today. May God guide, bless, and inspire them.

### PASTORAL MESSAGE: "CRAVINGS OF THE SOUL"

There is a sacred yearning within every heart—a craving that cannot be satisfied by the material world. It is a divine reminder that we are God's beloved masterpieces. As Ephesians 2:10 (NKJV) declares, "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." Still, our souls will not find true rest unless we cling to Jesus and draw our identity, purpose, and satisfaction from our relationship with Him. As David wrote, "Truly my soul silently waits for God; from Him comes my salvation" (Psalm 62:1, NKJV).

God is not finished with us. Though we are often discouraged by our imperfections, we are assured in Philippians 1:6 (NKJV), "being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ." Each of us is a work in progress under the careful craftsmanship of our Creator. He lovingly molds us into reflections of His character as we submit to His will and trust in His perfect timing.

In order to satisfy the longings of our souls, we must intentionally spend time in the presence of God. James 4:8 (NKJV) promises, "Draw near to God and He will draw near to you." As we engage in prayer, the study of His Word, and moments of quiet reflection, we grow deeper in our relationship with Him. It is through this daily communion that we begin to understand our divine purpose, activate our spiritual gifts (Romans 12:6, NKJV), and experience the fulfillment that only God can provide.

When we love the Lord with all our heart, soul, and strength (Deuteronomy 6:5, NKJV), our desires are transformed into holy cravings. Like Moses, who prayed, "Please, show me Your glory" (Exodus 33:18, NKJV), we long to see God more clearly and know Him more deeply. May Christ become the eternal satisfaction of our souls. As we find our identity, intimacy, and intention in Him, may we also become vessels of His love, "like a spring of water, whose waters do not fail" (Isaiah 58:11, NKJV).



**Prayer:** Lord Jesus, satisfy the deep cravings of our souls. Help us find our identity, purpose, and rest in You alone. Amen.

**God bless you!**

### 1. Servants on Duty

**Elder-in-charge of:**

- Order and Visitation (Week: 15<sup>th</sup> – 21<sup>st</sup> June 2025): **Opere Nyaroya**: +254 724 555 205
- Pulpit: **Evans Isaboke**
- Stewardship: **Meshack Dwallow**

**Today's Lead Deaconate Team:**

- **Bro. Anthony Kodiwo**: +254 701 070 354
- **Sis. Jacinta Mukonzo**: +254 723 655 402

*For any assistance or inquiries in these areas, feel free to reach out.*

### 2. Camp Meeting 2025

- You are encouraged to plan ahead, **take leave**, and join us for this spiritually enriching annual convocation. The dates are as tabled below:

Camp Meeting	Date
Prison Camp	22 <sup>nd</sup> – 28 <sup>th</sup> Jun 2025
Saikeri Sabbath School	10 <sup>th</sup> – 16 <sup>th</sup> Aug 2025
Main & Children Camp	16 <sup>th</sup> – 23 <sup>rd</sup> Aug 2025

- This year's Camp Meeting Offering goal is **KES 2.5 million**. You are encouraged to plan and give generously. Last year, we realized **KES 984,749** against a target of **KES 2.5 million**. It is from this financial pool that the South Nairobi Kajiado Field (SNKF) supports mission activities, including cash appropriations to churches and schools.

All visitors are humbly requested to meet the **Interest Coordination** team immediately after the Divine Service on the right-hand side of the pulpit next to where the pulpit team sits. 🙏

### 3. One Church, One Budget, One Programme

You are urged to give a generous offering towards the Local Church Budget (LCB). Among others, this fund meets expenses towards evangelistic campaigns/missions, Camp Meetings, Administration, Welfare, Newlife Adventist School – Saikeri (NASS), Chaplaincy and other departmental programs. Please prayerfully plan your giving through any of the below options.

- ✓ Using the offering envelope – **Local Church Budget (LCB)** section.
- ✓ M-PESA Paybill **861200**; Account: **LCB**, or
- ✓ Standard Chartered Bank, Kenyatta Avenue Branch; Account Number: **0102022990600**. Reference: **LCB**

God bless you.

### 4. Immediate Former Pastors' Farewell

There will be a farewell session for our immediate former Pastors next **Sabbath, 21<sup>st</sup> June 2025**. Please prepare to receive, interact and appreciate them. Any monetary appreciation should be sent via the Church's M-PESA Paybill: **861200**; account: **Pastors Farewell**.

### 5. Virtual Prayer Ministry

You are reminded to attend the Midweek Prayer Meetings every Wednesday at 4:30 AM.

### 6. Diaconate

- i. To uphold order and reverence in the house of God, please refrain from removing chairs from the Main Sanctuary without diaconate's approval.
- ii. Kindly note that conducting business within the church precincts is not permitted, except for Newlife Garden Cafeteria Limited. We appreciate your cooperation in maintaining an orderly and reverent worship environment.

### 7. Nurture, Retention and Reclamation: Baptism

Those who desire to be baptised are invited to get in touch with the Pastors or Elders and to join the Baptismal Class. The class meets every Sabbath from 8:30 AM for Bible study.

### 8. Welfare Ministry

We are saddened to let you know that, **Sis. Cheryl Majiwa** (+254 720 803 143), our Church Choir member, lost her husband Peter Mbaye on Monday, 9<sup>th</sup> June 2025 while undergoing treatment at the Nairobi Hospital. The burial is scheduled for 5<sup>th</sup> July 2025 at Nango village, Bondo sub-county, Siaya County. Please remember Sis. Cheryl and her family in prayer during these difficult times. The family lives in Ngong.

The Welfare leadership is appealing to church members to support those in need through in-kind donations. Many among us are facing hunger or could greatly benefit from clothing donations. If you have items to give, such as food or clothes that are no longer in use, please consider contributing to this noble cause. For more information on how to offer your support, contact the Welfare leader, Sis. Eucabeth Onuong'a, on +254 722 741 282.

### 9. Family Life Ministries

- i. The ministry is holding bi-monthly online Zoom sessions every Tuesday from 8:00 – 9:00 PM effective 13<sup>th</sup> May 2025. The next session is scheduled for Tuesday, **17<sup>th</sup> June 2025**. Please don't miss. This initiative is anchored on the belief that the family is a vital institution for nurturing faith, values and character. Please plan to join.
- ii. Are you struggling with social, spiritual, emotional, mental health challenges and in need of support? Family life and counseling departments are offering free counseling services to individuals, couples and families through the Pastoral office. Those who are interested, please contact, Family Life Ministries Leadership (+254 723 415 137), Church Pastors, or Counseling Ministry Leader (+254 788 311 306) for facilitation. The services are available from Monday to Friday here in church.

### 10. Adventurer Club

- i. There will be the Adventurers Family Network Sabbath on the 21<sup>st</sup> June 2025 at All Saints Cathedral - Madaraka from 9:00 AM – 5:00 PM. All Adventurers and parents are encouraged to attend.

- ii. Parents interested in the **Class B Adventurers** uniform {Adult T-shirt – KES 800, children T-shirt (round neck) – KES 450, and bags (big size – KES 1,850, small size – KES 1,450)} to make payments to the church paybill **861200** Account - **AdvT-shirt / AdvBag**.
- iii. The club is requesting parents of children who have outgrown their uniform to donate them to the club. For more information, reach out to the Director, Tr. Elizabeth Ochieng (+254 724 523 975). God bless you.

## 11. Ambassadors Ministry

There will be the annual retreat at Malindi from 27<sup>th</sup> August to 1<sup>st</sup> September 2025. The cost is KES 15,000 inclusive of transport, accommodation and meals. The registration deadline is 1<sup>st</sup> July 2025 with a commitment of KES 5,000 to secure your spot. Those interested in attending should reach out to the treasurer Sharon Ochuka on +254 114 562 080.

## 12. Young Adults Ministry

- i. There will be a hike tomorrow Sunday, 15<sup>th</sup> June 2025 at Nyanduma Forest-Aberdare. The cost is KES 1,200 inclusive of transport, food, entry charges, and guide fee. If you are interested to attend, send the aforementioned amount to the treasurer, Sis. Ruth Koskei (+254 713 847 336).
- ii. Young Adults are reminded of their Sabbath School class every Sabbath at 8:00 AM. The class meets next to where the Church Choir sits.

## 13. Adventist Men's Ministries (AMM)

- i. The AMM Department invites all men to an Aerobics session and thereafter a session of soccer training on Sunday 29<sup>th</sup> June 2025 from 9:30am to 1pm at a venue to be confirmed. Come exercise and stay physically fit for effective ministry
- ii. There will be a Hospital Visitation on Saturday 12<sup>th</sup> July 2025 from 2.30 PM at the Kenyatta National Hospital (KNH) Male wards. Those interested to participate are requested to register with the AMM Secretary. All men are encouraged to send a contribution towards this ministry through the M-PESA number of AMM Treasurer, Bro. Justus Gekone (+254 727 242 477). Kindly pray and prepare well to minister to the needy in Hospital.

- iii. The AMM Mombwo Mission that began on 11<sup>th</sup> May 2025 in Mombwo Village in Tinderet sub-county, Nandi County, ended on 24<sup>th</sup> May 2025 with baptism of 19 souls. We thank God. The follow up Mission that began last Sabbath, 7<sup>th</sup> June 2025 will continue for three (3) months to keep guiding and spiritually nurture the new souls. All men are requested to support the mission through the church M-PESA Paybill No: **861200**, Account: **MombwoMission**. Share the M-PESA transaction message with the Treasurer, Bro. Justus Gekone (+254 727 242 477).
- iv. The leadership encourages all men who are not in the AMM WhatsApp group to contact the secretary, Bro. Maxuel Omondi, on +254 712 060 431 to be added.

## 14. Adventist Women's Ministries (AWM)

- i. The **AWM Retreat** will take place at Lake Naivasha Resort from **20<sup>th</sup> to 22<sup>nd</sup> June 2025**. The total cost, including full board, transport, and team building facilities and activities, is **KES 24,000** "per person sharing" and payable through the church's M-PESA paybill number: **861200**; Account, "**AWM Retreat**" and the M-PESA transaction message should be forwarded to the Treasurer, Sis. Marylyn Ochuka, on +254 721 420 304. All the outstanding balances must be settled by tomorrow, 15<sup>th</sup> June 2025.
- ii. There will be the Quarterly AWM Prayer Night (Keshu) on Saturday, 5<sup>th</sup> July 2025. More details will be shared later. All women are encouraged to prepare prayerfully.
- iii. All women who are not in the AWM WhatsApp group are urged to reach out to the Secretary, Sis. Rebecca, on +254 742 379 009 to be added.

## 15. Public Campus Ministries (PCM)

- i. You are warmly invited to the **PCM Week 2025**, running from **22<sup>nd</sup> June 2025** and culminating in the celebration of **World PCM Day** on the Sabbath of **28<sup>th</sup> June 2025** at the sanctuary here in Newlife.
- ii. The ministry invites members interested in serving as mentors or guest speakers at public campuses to enroll and contribute to this initiative. For more information, kindly contact the Secretary, Bro. Korimbias Mophine, on +254 796 648 125.

16. Adventist Possibility Ministries (APM)

The APM **Sign Language Training** is ongoing here at Newlife church every **Sunday 10:00 AM to 1:00 PM** until **29<sup>th</sup> June 2025**. Interested members are encouraged to register with APM leader, Sis. Dorothy Obura (+254 721 607 106) or Pastor's Office. Departments are also encouraged to sponsor candidates. Charges are **KES 3,000** per person payable via M-PESA Paybill **861200**. Account: **APM YourName**. For more information, kindly contact Sis. Dorothy.

17. Chaplaincy Ministry – Hospital

The ministry supports the sick both at home and in hospitals. If you need these services, reach out to the Chaplaincy Ministry – Hospital leader, **Sis. Nelly Koskei**, on **+254 721 864 793** or the Diaconate leadership.

18. Counselling Ministry

The ministry reminds you that it is here to support your mental, emotional, and spiritual well-being. Why Counselling Matters?

- i. **Therapy is Normal:** It's okay to seek help—mental health is just as important as physical health.
- ii. **Safe & Confidential:** A private space to heal, grow, and be heard.
- iii. **Faith & Healing:** Christian therapy supports your walk with God while addressing life's challenges.
- iv. **Stronger Relationships:** Learn healthy communication and strengthen your connections.
- v. **Build Resilience:** Gain tools for coping, self-care, and emotional strength.

*Let's break the stigma & grow together in Christ.*

19. Church Clerks' Desk

a. Wedding Banns

Youth intending to get married and married couples intending to formalise their union should notify the church **AT LEAST 3 MONTHS** before the date of the wedding. Wedding notification forms are available from Monday to Friday at the Pastor's office (church secretary). You may also contact any of the Church Clerks or reach us through our church website.

b. Collection of Baptismal and Baby Dedication Certificates

Members are requested to collect their baptismal and baby dedication certificates. Some certificates, dating back to 2024, remain uncollected.

c. Church Membership Review

The church is in the process of reviewing and updating its Register of Members. Church Members are requested to visit our website through the [link](#) to submit their records or visit the Church Clerks' Desk to confirm their membership details.

d. Church Clerks' Services

Church members and visitors are reminded of the services offered at the Church Clerks' Desk (**next to EXIT 3**). They include; Membership Review, registration for Baby Dedication, collection of Baby Dedication certificates, Baptismal Certificates, Wedding Notification Forms, and Membership Transfer Request forms. You are most welcome.



### 1. The Official Church Website

The official website of the Seventh-day Adventist Church is [www.adventist.org/](http://www.adventist.org/). It serves as the primary source of information about the Church's beliefs, mission, and global initiatives.

### 2. Adventist News Network (ANN)

Founded in 1994, the Adventist News Network ([ANN](http://www.adventist.org/ann)) is the official news service of the Seventh-day Adventist Church. It is produced by the **Communication Department** at the Church's world headquarters in **Silver Spring, Maryland**. ANN Shares content across:

- ✓ Official websites
- ✓ Publications
- ✓ Broadcasters
- ✓ Social media platforms

### 3. 62<sup>nd</sup> General Conference (GC) Session

The [62<sup>nd</sup> General Conference \(GC\) Session](#) will take place next month.

📍 **Venue:** St. Louis, Missouri, USA, from 3<sup>rd</sup> to 12<sup>th</sup> July 2025.

✳️ **Theme:** "Jesus is Coming, I Will Go!"

🙏 **Kind request:** Pray for God's guidance and blessings on this important gathering.



## COUNSELLING MINISTRY MEMO

### PARENT SELF-CARE MATTERS!

Taking care of yourself is not selfish — it's essential for your emotional, mental, and spiritual well-being. Here are 7 practical ways parents can intentionally practice self-care:

#### i. Start Small & Stay Consistent:

Just 5–10 minutes daily for quiet time, journaling, or enjoying a warm drink in silence can reset your mindset.

#### ii. Set Clear Boundaries:

Protect your time and energy by setting specific hours and communicating your needs to the family.

#### iii. Schedule "Me Time":

Book time for hobbies, walks, or simple exercises—just like you would any important appointment.

#### iv. Practice Mindfulness & Relaxation:

Take moments to breathe deeply, stretch, or meditate. Short sessions can bring calm and clarity.

#### v. Delegate & Ask for Help:

You don't have to do it all. Involve family members or friends to lighten your load.

#### vi. Unplug & Reconnect with Yourself:

Set "tech-free" times to be present, pray, journal, or enjoy nature.

#### vii. Celebrate the Small Wins:

Acknowledge your progress and be kind to yourself. Every small step is a victory!

**"By investing in your well-being, you thrive—and so does your family."**

Join us in embracing this journey towards wholeness. For more information, reach out to the Leader, Sis. Carolyn Mboya, on +254 722 678 839.

Adventist Possibility Ministries

Seventh-day Adventist Church NEW LIFE

**Sign Language TRAINING**

6<sup>th</sup> April - 29<sup>th</sup> June Every Sunday | 1000am to 1300hrs

**KSH 3,000/- Per Person**

Register now with APM leader or Pastor's office. Departments are encouraged to sponsor candidates.

**m-pesa** Paybill 861 200 Acc. No: APM YourName

For more information reach out to APM leader Dorothy Obura on 0721607706

MISSION WITHOUT BOUNDARIES

Seventh day Adventist Church, Newlife

**PUBLIC CAMPUS MINISTRY WEEK**

**CALLED CHARGED. COMMISSIONED.**

Acts 1:8 | SOAH 373

**22<sup>ND</sup> TO 28<sup>TH</sup> JUNE 2025**

**SPEAKER: PR. GODSWILL TK MENSAH**

#PCM25 GO f y t v LIVE

To have your announcement included in this bulletin, kindly submit it to the church clerks by Tuesday, 5:00 PM (EAT). 🙏



Seventh-day  
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Newlife, 5<sup>th</sup> Ngong Avenue, Nairobi



**Newlife SDA Church, Nairobi**

# ORDER OF WORSHIP

**Adventist Women's Ministries (AWM) Sabbath**

**14<sup>th</sup> June 2025**

## SABBATH SCHOOL (08:00 – 8:40 AM)

Song Service:	Choristers
Opening Prayer:	Sis. Esther Kwamboka
Welcome & Introduction:	Sis. Martha Bore
Opening Song (SDAH #567):	Sis. Martha Bore / Choristers
Special Thought:	Sis. Regina Oyugi
Special Song:	The Bereans Gospel Choir / Choristers
Mission Story:	Sis. Linet Okello (Title: <b>"Squid or Dog Meat?"</b> ; Jhon, Indonesia)
Closing Song:	Sis. Martha Bore / Kanyakla International Choir / Choristers
Closing Prayer:	Sis. Grace Muna

## CHURCH AT STUDY (8:40 – 09:50 AM)

Lesson Study:	Lesson Classes in Church and the Online Church Panel
Closing Prayer & Song Service:	Sabbath School Superintendent & Choristers

## HEALTH NUGGET & ANNOUNCEMENT HIGHLIGHTS (09:50 – 10:30 AM)

Health Nugget (Topic: <b>"Back Pain"</b> ):	Bro. Brian Ayako
Announcements Highlights:	Eld. Opere Nyaroya
Worship in Music:	Choristers, Kanyakla International Choir, The Bereans Gospel Choir

## DIVINE SERVICE (10:30 AM – 12:35 PM)

Doxology:	Choristers
Invocation:	Sis. Millicent Onyonyi
Welcome & Introduction:	Eld. Shimrone Munga and Sis. Vane Lumumba
Welcome Song (SDAH #469):	Choristers
Scripture Reading (Ephesians 2:10):	Sis. Margaret Sande
Hymn of Praise (SDAH #567):	Sis. Margaret Sande
Pastoral Prayer:	Eld. Shimrone Munga
Offertory / Stewardship:	Sis. Florence Odhiambo
Special Songs (3 Items):	The Bereans Gospel Ministers, Kanyakla International Choir, AWM Choir
Offertory Response:	Choristers
Children's Corner:	Sis. Leah Omollo
Special Song:	AWM Mass Choir
Sermon (Topic: <b>"Cravings of the Soul"</b> ):	Sis. Millicent Onyonyi
Closing Hymn (SDAH #567):	Choristers
Benediction:	Sis. Millicent Onyonyi
Recessional Hymn:	Choristers

## AFTERNOON SERVICE (2:00 – 4:30 PM)

Song Service:	Choristers, The Bereans Gospel Ministers, Kanyakla International Choir, AWM Choir
Special Song:	Kanyakla International Choir
Panel Discussion (Topic: <b>"Masterpiece in the Making"</b> , Key Text: <b>Gen 1:27 &amp; Ps 139:13-16</b> ):	Sis. Sheila Ongoro, Sis. Deborah Maangi, and Sis. Bilha Ogoi
Music Item:	The Bereans Gospel Ministers
Conclusion and Appeal:	Sis. Millicent Onyonyi
Prayer Session:	Pr. Gerald Mochoge / Eld. Paul Momanyi / Sis. Millicent Onyonyi
Music Item:	The Bereans Gospel Ministers
Closing Remarks:	Sis. Vane Lumumba

**Sign Language Interpreters:** Hope Mandela and Stephen Koina

**Choristers:** Donna Achieng, Martina Odhiambo

**Pianist:** Braivin Magana

**AWM Council:** Vane Lumumba (Leader), Meryl Osiemo, Rebecca Moyo, Marylyn Ochuka, Paul Momanyi (Elder)

### Tithes & Offerings:

To return tithe or give an offering kindly use,

M-PESA Paybill number: 861200

A/C number: **"Tithe", "Offerings", "LCB"**

OR

Standard Chartered Bank | Branch: Kenyatta Avenue

A/C number: **0102022990600**